

Appendix 1. Review Paper List

- A1. Yates D. Political innovation and institution building - the experience of decentralized experiments in theoretical perspectives in urban politics. Englewood Cliffs. NJ: Prentice Hall; 1976. p. 56.
- A2. Yunier GB, Ania CL, Fernando PS. Develop the logical thinking for the self-management of knowledge by the students of pedagogy psychology. *Opuntia Brava*. 2019;11(3):405-418.
- A3. Kwon MJ. The implications of Nietzsche's philosophy for the career education in school. *Philosophy of Education*. 2017;65: 1-29.
- A4. De Bruin L. Managing the self: some philosophical issues. *Philosophy, Psychiatry, & Psychology*. 2020;27(4):371-373.
- A5. McInerney DM. Educational psychology. 6th ed. Pearson Australia: Pearson Higher Education; 2013. p. 115.
- A6. Bandura A, Caprara GV, Barbaranelli C, Pastorelli C, Regalia C. Sociocognitive self-regulatory mechanisms governing transgressive behavior. *Journal of Personality and Social Psychology*. 2001;80(1):125-135.
- A7. Spoelstra S. Foucault on philosophy and self-management. *Journal of Philosophical Studies*. 2007;12(3):45-67.
- A8. Choi HS. The effect of self-management of sports center instructors on the future core competencies and social skills scales. *Journal of the Academia-Industrial cooperation Society*. 2017;18(4):560-569.
- A9. Lee YH, Kim JT, Kang KW. Relationship among achievement goal orientation, self-management and competition anxiety of inline skating. *The Korea Journal of Sports Science*. 2014; 23(4):615-628.
- A10. Cha SJ, Kim DJ, Lim SH. Impact of self-management behaviour and sportsmanship of ssireum athletes on organizational effectiveness and performance. *Journal of the World Taekwondo Culture Society*. 2019;(22):113-130.
- A11. Cha SJ, Lim SH. Self-management behavior and sportsmanship of sireum athletes on organizational effectiveness and performance. *International Symposium for Taekwondo Studies*. 2017;20(3):169-170.
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- A13. McInerney DM. Educational psychology. 6th ed. Pearson Australia: Pearson Higher Education; 2013. p. 115.
- A14. Park EJ, Kim OS. The time management practice of middle school students: affecting variables and correlations with academic achievement. *Korea Family Resource Management Association*. 2008;12(1):41-55.
- A15. Lee SY, Shin HS. Self-management experiences of the adolescents with chronic kidney disease. *Journal of Korean Academic Nursing*. 2018;(48)3:266-278.
- A16. Ki MY, Pa YH. The effects of hypertension self-help program on hypertension-related knowledge, self-efficacy, self-management compliance and on physiological parameters in wokers. *Korea Occupational Health Nursing*. 2012;21:1-9.
- A17. Song JK. Self-efficacy and family factors effecting self-management of adult epilepsy. *Korean Journal of Family Social Work*. 2008;4:89-119.
- A18. Wee L, Pamela ST, Hui C. Experiences and needs of families caring for children and adolescents with chronic kidney disease: a meta-synthesis. *The Journal of Pediatric Nursing*. 2022;63(2):52-63.
- A19. Hysing M, Elgen I, Gillberg C, Lundervold AJ. Emotional and behavioural problems in subgroups of children with chronic illness: results from a large-scale population study. *Child: Care, Health and Development*. 2009;35(4):527-533.
- A20. Alhamed AA, Toly VB, Hooper SR, Dell KM. The link between executive function, socio-emotional functioning and health-related quality of life in children and adolescents with mild to moderate chronic kidney disease. *Child: Care, Health and Development*. 2022;48(3):455-464.
- A21. Francis A, Didsbury MS, van Zwieten A, Chen K, James LJ, Kim S, et al. Quality of life of children and adolescents with chronic kidney disease: a cross-sectional study. *Archives of Diseases in Childhood*. 2019;104(2):134-140.
- A22. Shilling V, Morris C, Thompson-Coon J, Ukoumunne O, Rogers M, Logan S. Peer support for parents of children with chronic disabling conditions: a systematic review of quantitative and qualitative studies. *The Development Medicine and Child Neurology*. 2013;55(7):602-609.
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- A27. Shin GI, Park HY. The effects of self-management program and its measurement for the elderly with chronic illness in the community. *Journal of the Korean Gerontological Society*. 2020;40(2):257-267.